

- ☑ food variety of Mediterranean region ‘Mediterranean Triad’ Olive oil, barley and wine.
- ☑ Olive oil provided fat and barley proteins.
- ☑ wealthy Romans - more diverse nutritious.
- ☑ could afford beef, pork, chicken fish
- ☑ poor limited options They could add lentils, vegetables, fruits - fig apple and eggs

<b>T – topic</b> <ul style="list-style-type: none"> <li>• what is your paragraph about</li> </ul>	<b>Exemplar</b>  Ancient Romans ate a wide variety food. The 3 main food of this Mediterranean region were olive oil (fats), barley (proteins) and wine. The wealthy could afford to eat a more nutritious diet while the poor had more limited options with little meat. The rich ate beef, pork, chicken and fish while the poor mainly ate lentils, fruit and vegetables and eggs. Therefore, wealth could influence the variety of foods eaten by Ancient Romans.
<b>E – elaboration/explanation</b> <ul style="list-style-type: none"> <li>• what is your first idea explained</li> </ul>	
<b>E – evidence/example</b> <ul style="list-style-type: none"> <li>• examples linked to your first idea</li> </ul>	
<b>E – elaboration/explanation</b> <ul style="list-style-type: none"> <li>• what is you second idea explained</li> </ul>	
<b>E – evidence/example</b> <ul style="list-style-type: none"> <li>• examples linked to your second idea</li> </ul>	
<b>L – link to topic</b> <ul style="list-style-type: none"> <li>• Linking sentence summing up connecting to topic sentence</li> </ul>	

Student notes – copied here

T.E.E.L Paragraph – Roman Food

<b>T – topic</b> <ul style="list-style-type: none"> <li>• what is your paragraph about</li> </ul>	<b>Individual Re-write</b>
<b>E – elaboration/explanation</b> <ul style="list-style-type: none"> <li>• what is your first idea explained</li> </ul>	
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